

OPITO FOET General Time-table

* The lecture room will be opened 30 minutes before the start.

Day 1		Topic	Time
AM	Practical 	Offshore Firefighting & Self Rescue	08 : 30
	(Lunch)		
PM	Theory / Practical  	Emergency First Aid	
	Theory 	Helicopter Emergencies and EBS	
	Practical 	Helicopter Emergency Scenarios	
	Sign-out		18 : 30

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Please Note:

The above schedule is a sample for reference only.

The timetable is subject to change depending on the training conditions on the day, etc.

※NSTC will contact the person in charge directly if there is any change in the training.

※Please bring necessary items such as swimwear to the first of training.

※NSTC provides transportation to the Wakamatsu training facility (for firefighting training or Work at Heights) . If you miss the transportation to Wakamatsu, you will be required to hire taxi. Please not to be late, as you will be responsible for the actual costs for your transportation in that case.

※The end time for the training is approximate and may change depending on varying circumstances. Please plan your return reservations home with an ample safety margin for time.